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An extended abstract of a paper on the subject of:
"Life-creation abilities and creative potential of self-actualized people"

Problem setting. *Recognition of a person as a subject of his or her own course of life stipulates for necessity of studying the conditions, mechanisms and factors of development of his or her capabilities for constructive self-actualization in his or her life. These capabilities are conditioned by the level of development of life-creation abilities, which are to be an important matter of modern psychological research.*

Recent research and publications analysis. *The central statement of life-creation conception developed by Ukrainian researchers is an idea that a person, a human being, is a subject of life assigned for creative planning, designing and realization of his or her life project. As Russian researches asserted, the appearance of life-creation conception proclaimed the modification of modern existential psychology paradigm and allowed to resolve its important theoretical and methodological problems.*

An ability to life-creation becomes apparent in possessing a capability of organizing his or her own life conditions and potential so that they could contribute to individual evolution and achievement of the important life goals. This ability develops in certain life-creation talents. By "life-creation talents" one can understand individual psychological particular qualities of a person, which can guarantee the success in mastering and further application of resources, mechanisms and strategies of creative planning, designing and realization of life as an individual project.

Analysis of latest research and publications on life-creation problems allowed to find some unresolved up to now aspects of life-creation problem – study of its correlation with an individual self-actualization process.

Paper objective *is to study particularities of correlation between life-creation abilities and creative potential of a self-actualized person. Problem: to define main types of life-creation abilities and to evaluate the level of their development; to find and to evaluate indices of self-actualization that give most of information on the creative potential of a person; to reveal particular qualities of correlation between the levels of development of life-creation abilities and creative potential.*

Paper main body. *The diagnostics of life-creation abilities was carried out on the basis of the own author's questionnaire which allowed to study the seven types of life-creation abilities: comprehension of sense of life, vital capacity (overcoming of life difficulties), purposefulness, plasticity (self-modification), personal growth, creativity (creation of the new), reflection (self-consciousness, self-knowledge). The diagnostics of creative potential was carried out on the basis of self-actualization questionnaire according to theoretical conception of A. Maslow.*

In the course of statistical treatment of the results, an analysis of correlation between life-creation abilities and creative potential of a self-actualized person was carried out. It was discovered that the index of creativity according to self-actualization questionnaire correlates with such life-creation abilities as comprehension of sense of life, vital capacity, purposefulness, plasticity, personal growth, creativity, reflection. The index of spontaneity has connection with comprehension of sense of life, plasticity, personal growth, creativity. The index of autonomy reveals correlation with comprehension of life, vital capacity, purposefulness, aspiration for personal growth, and creativity.

Conclusion of the research *The level of development of life-creation abilities and general life-creation capacity can be considered as the identity correlate of important components of the creative potential. Creativity, spontaneity and autonomy are characteristic for life-creative identities with developed abilities for searching the sense of their own existence, with opposition to life difficulties, acceptance of unforeseen future and new experience, per-*

sonal and professional growth, transformation of their own life into attractive and interesting process, self-understanding and self-conscious ones.