

**DIDACTIC FEATURES OF TEACHING DISCIPLINE
“PHYSICAL ACTIVITY AND PSYCHOPHYSIOLOGICAL TRAINING”
UNDERGRADUATES SPECIALTY “PEDAGOGY OF HIGHER EDUCATION”**

The article is devoted to improving the quality of the university system of education, training and competitive mobile graduates. The purpose of the article is to consider the features of didactic teaching called academic discipline, namely clarifying the nature of management, its importance to the subjects of educational process and practical steps that will determine the effectiveness of the process of creative self-development on the example of the master's program students specialty “Pedagogy of Higher Education”. The author reveals the didactic features of the organization studying the masters of the discipline "Physical training and psycho-physiological training" in the article. The questions of advanced training undergraduate's specialty “Pedagogy of Higher Education” are in the focus of the article. The author draws attention to the role of disciplinary knowledge and practical skills for the subjects of the educational process. The article deals with teaching undergraduates studying the characteristics of the organization of educational discipline “Physical education and psycho-physiological training”. It is shown that undergraduates understand the essence of professional educator and a list of professionally important qualities that characterize the creative personality of the teacher researcher. Disclosure of discipline forms and methods of training, contributing to the formation of undergraduates have knowledge of individual personality traits and skills of self-development of mental functions and self-regulation of emotional states that define the essence of management. In developing training plans for individual participants recommended to adhere to the criteria of “SPIRO”: specificity, performance, involvement, realism, observability. The creative component of individual tasks undergraduates aimed at personal and professional development and self-improvement themselves as future teachers, possible strategies and tactics of personal and professional self-improvement are discussed in the article.

Key words: *educational activities; practical skills; professional qualities; professional knowledge; way of preparation; the essence of management; training model, stages of learning, self-directed learning undergraduate.*